

**WELLBRIETY MEETING  
SUNDAYS 6 PM  
DANBURY TRIBAL HALL**

**INFO: 715-645-9515  
SHARA'LANEE'**

THE TERM WELLBRIETY IS AN AFFIRMATION THAT RECOVERY IS MORE THAN THE REMOVAL OF ALCOHOL AND DRUGS. WELLBRIETY IS A CHANGE IN PERSONAL IDENTITY AND VALUES. IT IS A VISIBLE CHANGE IN ONE'S RELATIONSHIP WITH OTHERS. IT IS ABOUT PHYSICAL, EMOTIONAL, SPIRITUAL, AND RELATIONAL HEALTH. WELLBRIETY IS FOUNDED ON THE RECOGNITION THAT WE CANNOT BRING ONE PART OF OUR LIVES UNDER CONTROL IF OTHER PARTS ARE OUT OF CONTROL.

THE TEAR STAINED PATH OF THE RED ROAD LEADS TO RECOVERY, HEALTH, WHOLENESS, AND DIGNITY, BUT IT IS NOT AN EASY ROAD TO WALK. IT CALLS FOR THE POWER OF THE CREATOR, THE WISDOM OF THE ELDERS, THE COURAGE OF THE WARRIOR, AND THE HEART OF THE MOTHER. IT IS A PATH OF PROGRESS, NOT PERFECTION!